

Fern Hill Therapeutic Massage



Integrative Massage & Bodywork

Swedish & Deep Relaxation

Reiki & Energy Work

Reflexology

Hot Stone Massage

Breath, Sound & Body Awareness

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FERN HILL MASSAGE

Therapeutic Massage

Since 1994



Individualized Sessions

Incorporating a variety of modalities

Swedish, Esalen, Deep Tissue,

Reiki, Cranio Sacral

Energy Work, Reflexology

Breath, Sound & Deep Relaxation

Hot Stone Massage

***“Massage allows us to be more
fully aware of ourselves,
supports our well being
...encourages us to pay attention
to our inner wisdom.”***

*Deep relaxation helps relieve stress and tension,
both physical and emotional.*

Body Music - Arké

Fully clothed educational body work that
supports organic healing through
breath, sound, touch, & movement

www.fernhillmassage.net

